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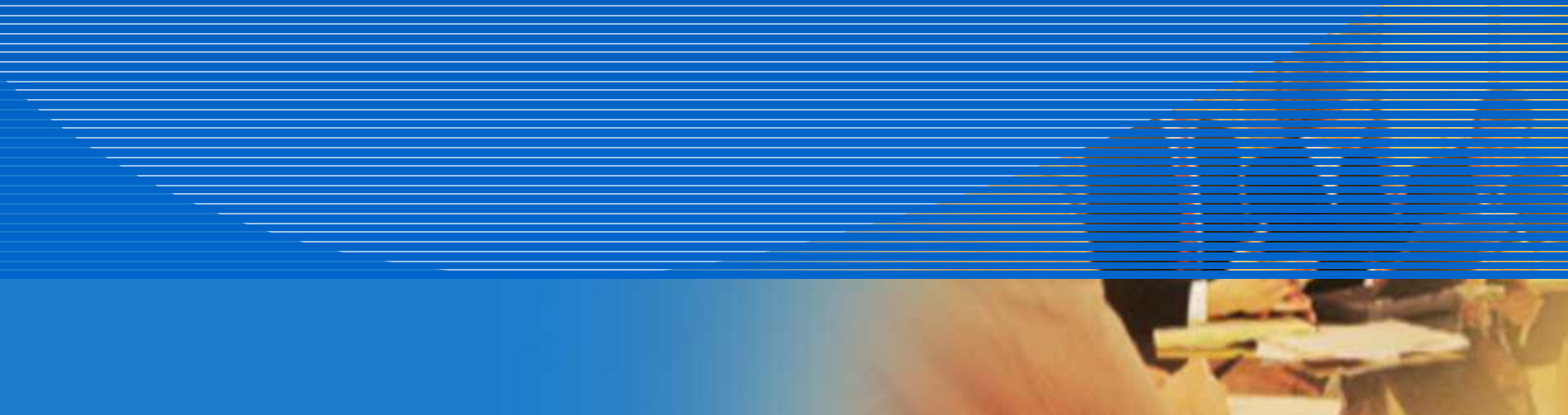
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Courtesy: Sahaja Internet Team Administration (SITA)



Sahaja Internet Team Administration

Spreading Sahaja Yoga through
Internet & Electronic Media





***Oh! Divine Mother, You are the source
of all knowledge! Your Love is nourishing to the whole
creations..***

***Dedicated to the Lotus Feet of H.H.Shri Mataji Nirmala Devi
SITA Team***



Vishwa Nirmala Dharma

SITA Mission

'Sahaja Internet Team Administration' often referred to as SITA is truly a team of dynamic volunteers who practice Sahaja Yoga Meditation. The crew members are from various parts of the world and varying professions. The team was formed in December 2000 to teach the techniques of Sahaja Yoga , the incredible discovery of Shri Mataji Nirmala Devi .

Taking advantage of the electronic-world the team is endlessly working hard on several projects to bring peace, balance and harmony to the society.

Team also provides technical help in conducting various Corporate Research Programmes for MNC's and promote the development of Stress Management presentations and various multimedia clips. The nature of such presentations are highly professional and experimented in various MNC's.



SITA Team

1. E-group for Communication

2. Dedicated Software Team

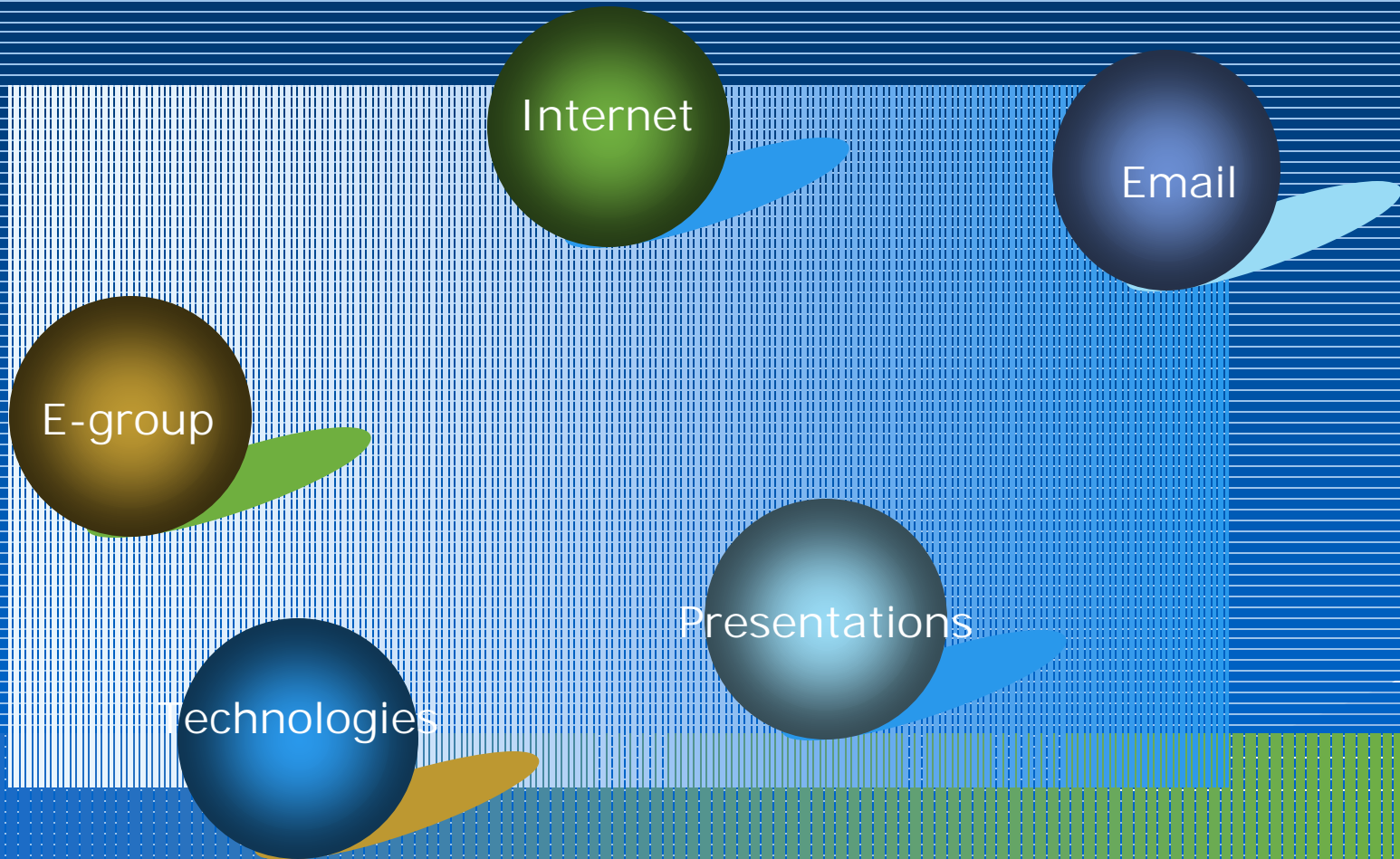
3. Email & Internet for spreading SY

4. Multimedia Presentations

4. Corporate Presentations



SITA uses Technology for spreading SY



E-group For Communication

- E-group sitaindia@yahogroups.com set up to facilitate communication
- More than 150 members in the team
- Wide use of IT technologies
- Dedicated team work
- Email support sita@sahaji.net



SITA Functions

- Developing and maintaining various Sahaja Yoga websites
- Providing technical support for corporate and stress management programmes.
- Providing News about SY.
- Answering queries from new seekers online.
- Providing a wide Database support.
- Use of Latest Technologies for propagating Sahaja Yoga
- Broadcasting and news update from India



Team Structure

- Content (Information) Management Team
- Multimedia/Presentations Development Team
- Website Development and Research Team
- Corporate Research and Support Team
- News and Broadcasting Team
- Support Team (CORE)



Message through Internet



Sahaja Yoga

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[Self Realization](#)

[Benefits](#)

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[Queries](#)

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[Projects](#)

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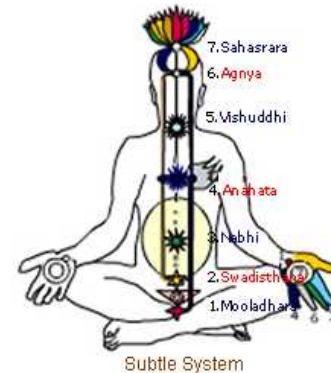
Home

Man in his search of joy and happiness is running away from his Self, which is the real source of joy. He finds himself very ugly and boring because he doesn't know his Self. A human being seeks joy in money or possessions, in power or human limited love, and ultimately in religion that is also outside. The problem is how to turn one's attention inward.

The inner being, which is our awareness, is an energy. I call it the energy of Divine Love. All evolution and the manifestation of material energy is guided by the supreme energy of Divine Love. We do not know how powerful and thoughtful this unknown energy is. The silent working of awareness is so automatic, minute, dynamic, and precious that we take it for granted. After Self-realization, this energy appears to us as silent throbbing vibrations flowing through our being. But we have been unable to achieve Self-realization because we cannot fix our attention on something that lacks form (abstract Being). Instead, our attention wanders outside on forms.

Now there is a method to tap the Divine power - SAHAJA YOGA

H.H. Shri Mataji Nirmala Devi



H.H. Shri Mataji Nirmala Devi

"There is only one pure desire and that is to be one with the divine."

Experience It Now !!

* YOU CANNOT KNOW THE MEANING OF YOUR LIFE UNTIL YOU ARE CONNECTED TO THE POWER THAT CREATED YOU *

H. H. Shri Mataji Nirmala Devi

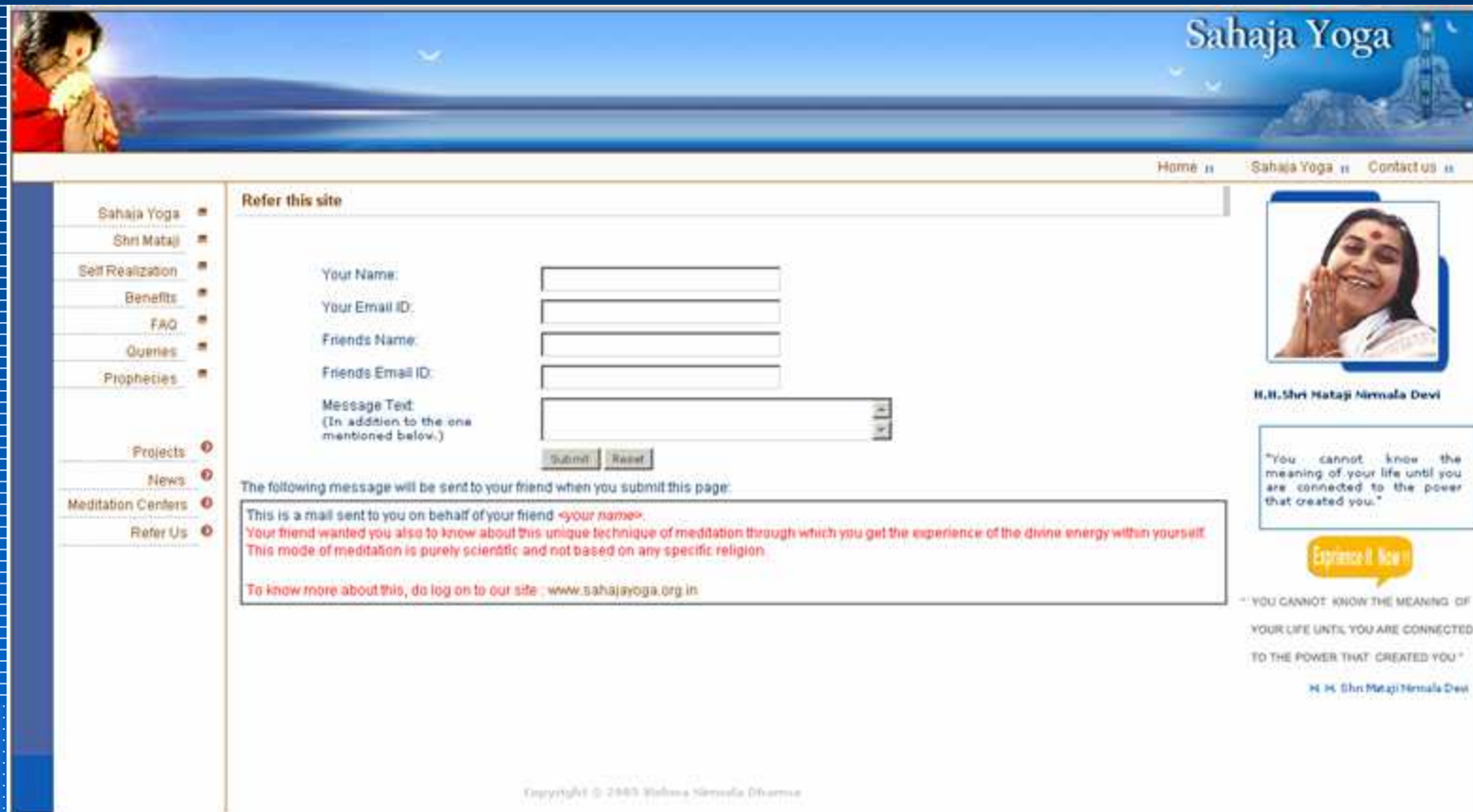
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Automated Email System

Automated email system for sending SY related messages to friends or truth seekers



The screenshot shows the 'Refer this site' form on the Sahaja Yoga website. The form includes fields for 'Your Name', 'Your Email ID', 'Friends Name', and 'Friends Email ID'. There is also a 'Message Text' field with a note: '(In addition to the one mentioned below.)'. Below the form are 'Submit' and 'Reset' buttons. A preview box shows the message that will be sent to the friend, including a greeting and a link to the website. To the right of the form is a photo of H.H. Sri Mataji Nirmala Devi and a quote: 'You cannot know the meaning of your life until you are connected to the power that created you.' Below the quote is a yellow button that says 'Experience It Now!!' and another quote: 'YOU CANNOT KNOW THE MEANING OF YOUR LIFE UNTIL YOU ARE CONNECTED TO THE POWER THAT CREATED YOU'.

Sahaja Yoga

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Refer Us

Refer this site

Your Name:

Your Email ID:

Friends Name:

Friends Email ID:

Message Text:
(In addition to the one mentioned below.)

The following message will be sent to your friend when you submit this page:

This is a mail sent to you on behalf of your friend <your name>.
Your friend wanted you also to know about this unique technique of meditation through which you get the experience of the divine energy within yourself.
This mode of meditation is purely scientific and not based on any specific religion.

To know more about this, do log on to our site : www.sahajayoga.org.in

H.H. Sri Mataji Nirmala Devi

"You cannot know the meaning of your life until you are connected to the power that created you."

Experience It Now!!

"YOU CANNOT KNOW THE MEANING OF YOUR LIFE UNTIL YOU ARE CONNECTED TO THE POWER THAT CREATED YOU"

H.H. Sri Mataji Nirmala Devi

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Vishwa Nirmala Dharma

visit www.sahajayoga.org.in for details

SITA Multimedia Presentations

SITA has compiled various multimedia presentations for spreading SY. Several Sahaja Yoga volunteers contributed.

Audience:

Truth Seekers in schools, colleges, hospitals, corporate world and general public

Topics:

- Stress Management
- Improvement of EQ, IQ and SQ
- Personality Development
- Medical Research Activities and many more



GDMS For Truth Seekers

Global Database Management System (GDMS)

- GDMS is an elaborate collection of huge amounts of data integrated into a single centralized database for entering the addresses of truth seekers from all over the world
- GDMS is an Internet-based interface to manage the addresses of new seekers for city leaders to follow-up



Puja Samarpan Software

- Submitted to the National Center
- Application tracks Puja Samarpan collected at various centers across India
- Can be used by any state including the National center
- Define list of centers within various cities across states
- View list of all pujas throughout the year
- Generate reports of Samarpan submitted by centers



Please contact sita@sahaji.net

visit www.sahaji.net

Thanks

